



# Heaven and Earth Day Spa & Wellness Center Sauna Intake Form

Name \_\_\_\_\_ Email address \_\_\_\_\_  
Your address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
Work Phone \_\_\_\_\_ Preferred Contact Method \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Occupation \_\_\_\_\_

Referred by: family/friend (Name \_\_\_\_\_ )

Radio  phone book  drive by  newspaper  employee won gift certificate

brochure  doctor/chiropractor  Yelp  social media  internet search  other

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

## **RELEASE OF LIABILITY**

We make all reasonable efforts to ensure a comfortable, clean, and safe environment for you. Please read over the following information, check the box of each item once read and then sign at the bottom of the form to indicate your agreement and adherence with our policies and procedures.

- The use of drugs or alcohol prior to or during the sauna session may lead to dizziness or unconsciousness or bodily injury.
- Please contact and consult your physician if you are in doubt of your ability to use the Sunlighten Full Spectrum Infrared Sauna.
- Please discontinue use of the Sunlighten Sauna if you feel light-headed, dizzy or heat exhausted.
- Sauna sessions should be limited to a maximum of 45 min.
- It is advised to drink plenty of water before and after your sauna session.
- Clients using any medication should consult a physician prior to the use of the Sunlighten Sauna.
- Clients with a medical history of circulatory system (including heart) conditions should consult a physician prior to using the sauna.
- Do not use the sauna if pregnant, have serious inflammation, a fever, a communicable disease, acute bleeding or intoxicated.
- No clients under the age of 18 are permitted in the Sunlighten Sauna.
- I acknowledge and accept the risks inherent in the use of the Sunlighten sauna. I voluntarily assume the risk of injury, accident, or death which may arise from the use of the Sunlighten sauna. I and any of my heirs, executors, representatives, or assigns hereby release from all claims or liabilities for personal injury or property damages of any kind sustained while on the premises, during the use of the sauna and from any advice provided by an employee. I further understand that Heaven & Earth Day Spa and its employees are not medical doctors and I release them, the Facility, and Manufacturer from any adverse effects I may incur by the use of the Sunlighten Sauna. I have carefully read the above safety instructions for using the Sunlighten sauna. I fully understand them and fully agree to comply with the instructions. This agreement is in effect for all Sunlighten sauna sessions and will not expire.

I have read and understand all of the above.

Client Signature: \_\_\_\_\_ Date \_\_\_\_\_